

Alisa Wareham, NCSP

Nationally Certified School Psychologist

At Horizons Clinic, Arc of Onondaga

Alisa has a broad understanding of treatment techniques and experience working with individuals with developmental disabilities.

Focus of Treatments Include:

Social Skills Mood Management
Supportive Counseling Healthy Relationships

Using various modalities such as:

Experiential Therapy
Expressive Arts Therapy
Cognitive Behavior Therapy
Visual Relaxation Techniques

Clinical psychological counseling services are individualized for each client in order to address their needs.

**For additional information please contact
Horizons Clinic
(315) 476-7441 ext. 111**

Mission Statement: Arc of Onondaga assists individuals with developmental disabilities achieve their fullest potential.